

Caring

My biggest dream is to stop caring. When people hear the word caring they automatically think about something good, caring about your loved ones, caring about your friends and their health. But caring about what people think about you, caring about your grades, your success, your body. In fact, caring is about worrying and that's the worst feeling. When you started to worry once you can't stop, it's like a vicious circle. It already starts with you liking someone, you start to worry, because you care too much and suddenly there are so many questions. Do they like me back? Am I good enough? How do they see me? What if they will leave me. " And so on and so on. That's why I wish to stop caring, so all these questions would go away and it's just silence, which is left.

©

Diese PDF wurde erstellt durch das [Schreiber Netzwerk](#)